

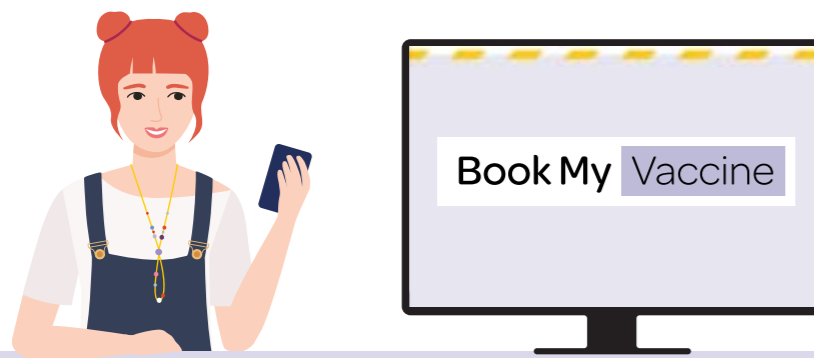
The MANAAKITANGA JOURNEY to getting vaccinated for disabled people

1 Getting information about the vaccine and where to get vaccinated

You can find information about the vaccine on the Ministry of Health webpage [COVID-19 Vaccine Information for Disabled People](#). There is information in accessible formats available. To find information about vaccination sites and where they are visit [HealthPoint](#) or [Karawhiua](#).

2 Booking and getting to your vaccine appointment

To book a vaccination you can:
Use [BookMyVaccine.nz](#). The website is



accessible and can be used with a screen reader. You can ask for support including:

- An NZSL interpreter
- Support to make decisions
- Assistance to move around
- A longer appointment time
- A quiet or low sensory environment
- More space to move around

Or call the **COVID Vaccination Healthline** on **0800 28 29 26** and **push 2** to speak to the disability team between **8am – 8pm, Monday to Friday** or email: accessiblecovidvaccinations@whakarongorau.nz
The team can help you if you need support with transport or would like to discuss whether a home vaccination might be right for you.

3 At the vaccination site

You can bring a support person with you. When you get to the vaccination site you will need to sign in. If you need an NZSL interpreter or information in accessible format ask reception.

If queuing is hard for you, or you need a quiet space ask the friendly staff for help.

When it is your time to get vaccinated you will be directed to a vaccine booth. A vaccinator will ask you a few questions like:

Are you feeling well today?

What medication do you take?

Ask the vaccinator if you have questions. The vaccinator will ask you if you are ok to have the vaccine.

You will need to wait 15 minutes after the vaccine. If this is hard for you ask if you can wait somewhere else.

4 Getting your second dose

After 3 weeks you need to get your second dose.

You can book your second vaccine by:

- **Booking at the time of your first vaccine**
- **Booking on [BookMyVaccine.nz](#)**
- **Contacting the COVID Vaccination Healthline on 0800 28 29 26 (push 2 for disability team)**

5 Getting your COVID vaccine record

You can get an official vaccination record at app.covid19.health.nz and find out more at [Unite Against COVID-19](#)

6 Enjoy summer with your friends and whānau!

